



The Pulmonary Rehabilitation Program at Broward Health Medical Center focuses on providing a patient-centered experience to each participant to support their recovery process. Each participant works with an interdisciplinary team providing patients with essential tools needed in the daily management of their disease.

Certified and recognized by the American Association of Cardiovascular and Pulmonary Rehabilitation, the Pulmonary Rehabilitation Program offers the most advanced practices available and has a proven track record of high-quality patient care.



# Broward Health<sup>®</sup>

## Fitness Center

Physician Office Building, 8th Floor  
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Fort Lauderdale, FL 33316

**954.355.4400 • [BrowardHealth.org/BHMC](http://BrowardHealth.org/BHMC)**

# Pulmonary Rehabilitation at Broward Health

## Benefits of Pulmonary Rehabilitation:

- Improve quality of life
- Reduction in respiratory symptoms
- Decrease hospitalization
- Decrease fatigue, shortness of breath
- Increase in exercise physical activity
- Increase in mental well-being

## The Program:

- AACVPR Nationally Certified Pulmonary Program
- An individual program is designed by our team of pulmonary specialists
- Medically supervised, monitored exercise 3 times a week
- Utilizes a variety of exercise equipment
- Includes exercise, education, nutritional and psychological counseling

## Getting Started:

Most insurance companies reimburse for this program, recognizing it as a physician prescribed service.

- Requires a prescription from a physician licensed in Florida.
- Once referred, please call [954.712.6446](tel:954.712.6446).
- We will be happy to inquire whether your insurance will cover pulmonary rehabilitation.

If you have any questions regarding this program, please call [954.712.6446](tel:954.712.6446).



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