



Leave of absence resources from Voya Cares®

While you are on a leave of absence to care for your own health needs or those of a family member, Voya Financial offers additional support through its Voya Cares program.

Voya Cares is an extension of Voya's purpose of fighting together for everyone's opportunity for a better financial future. This unique program is intended to help those who have disabilities – as well as their caregivers – achieve their best quality of life through information, resources, thought leadership and advocacy.

Please access ***Voyacares.com/Leave*** or scan the QR code to the right to find resources that are designed to make your leave of absence experience just a little easier.

Educational resources include:

- I'm not a caregiver, am I?
- Welcoming the birth of your child with a disability: get an early start planning a lifetime of continuous care
- Taking care when you can't take care of yourself: the potential impact of a debilitating illness on retirement savings
- Alternatives to a 401(k)-hardship withdrawal for emergency funds

Voya and your employer are working with Family First

Family First is a comprehensive, personalized concierge caregiving service that offers a dedicated Care Expert for employees on leaves of absence. By proactively offering resources intended to help employees manage their individual caregiving responsibilities, Voya aspires to help employees return to work sooner and with greater confidence and focus.

How to get started

Go online: family-first.com/voya
Call: 877-290-1905

*"Care Expert" is specifically defined as an accredited care professional with at least one of the following advanced certifications: Certified Advanced Social Work Case Manager, Cardiac medicine Certification, Certified Case Manager, and/or Certified Social Work Case Manager.
Voya Cares is not insurance coverage. It is a service offered through the Voya® family of companies.
Caregiving Concierge services are provided by Family First, Inc. Boston, MA. Provisions and availability of each service may vary by state.

Insurance is issued by ReliaStar Life Insurance Company (Minneapolis, MN) and ReliaStar Life Insurance Company of New York (Woodbury, NY). Within the State of New York, only ReliaStar Life Insurance Company of New York is admitted, and its products issued. Both are members of the Voya® family of companies. Voya Employee Benefits is a division of both companies. Form numbers, product availability and specific provisions may vary by state.
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