

FSA qualified medical expenses (QME)

Most Popular FSA Expenses

COVID-19

- Disposable Face Masks
- Anti-Bacterial Hand Sanitizer
- Sanitizing Wipes to Prevent COVID-19

Medication

- Acne Medicine
- Allergy Medicines
- Ibuprofen

General

- Prescriptions ^{Rx}
- Doctor Fees
- Crutches
- Flu Shot
- Hearing Aids
- Motorized Wheelchair
- X-Rays

Dental & Vision

- Braces
- Dental Cleanings
- Denturist
- Orthodontia
- Eyeglasses ^{Rx}
- Contact Lenses ^{Rx}
- Eye Exams
- Eye Surgery

A

- AA Meeting Transportation
- Acetaminophen
- Acid Controller
- Acne Medicine
- Acupressure ^{LMN}
- Acupressure Mat
- Acupressure Wrist Band
- Acupuncture
- Adaptive Equipment
- Air Conditioner ^{LMN}
- Air Filter ^{LMN}
- Air Purifier ^{LMN}
- Airfare Related to Medical Treatment
- Alcoholism/Substance Abuse Treatment
- Allergy Medicines
- Allergy Products and Treatment (Non-Drug) ^{LMN}
- Allergy Testing
- Aloe Vera ^{LMN}
- Alopecia Treatment ^{LMN}
- Alternative Healers
- Alternative Treatments
- Ambulance and Emergency Room
- Analgesics (OTC)
- Anesthesia
- Ankle Brace
- Antacids
- Anti-Bacterial Hand Sanitizer (60%+ Alcohol)
- Anti-Diarrheal
- Anti-Embolism Socks, Stockings ^{LMN}
- Anti-Fungal Treatments

- Anti-Gas Medicine
- Anti-Inflammatories
- Anti-Itch Cream or Lotion
- Anti-Parasitic ^{Rx}
- Anti-Snore Guards
- Antibiotic Ointments
- Antibiotics ^{Rx}
- Antidepressants ^{Rx}
- Antihistamines
- Antipyretics (fever reducers)
- Antiseptics
- Arch Support
- Arm Sling
- Arthritis Gloves
- Arthritis Medicines
- Artificial Insemination
- Artificial Limbs
- Artificial Reproduction
- Artificial Teeth
- Aspirin
- Assisted Living ^{LMN}
- Asthma Medicine ^{Rx}
- Asthma Oxygen Flow Monitor
- At Home COVID-19 Test
- At-Home Drug Test
- Athletic Bandages & Braces
- Athletic Mouth Guard
- Athletic Tape
- Athletic Treatments
- Automated External Defibrillator (AED)
- Automobile Modifications ^{LMN}

B

-
- Baby Breathing Monitor
 - Baby Rash Ointment and Cream
 - Baby Sunscreen
 - Back Brace
 - Band-Aids
 - Bandage Clips
 - Bandages
 - Bandages, elastic
 - Bariatric Surgery
 - Batteries for Medical Devices
 - Bed Pan
 - Bed Wetting Aids
 - Behavioral modification programs
 - Benadryl
 - Bifocals
 - Bio Freeze
 - Birth Control (Rx) ^{Rx}
 - Birth Control (OTC)
 - Birthing Classes ^{LMN}
 - Birthing Coach ^{LMN}
 - Blood Donation
 - Blood Pressure Monitor or Unit
 - Blood Storage ^{LMN}
 - Blood-sugar test kits and test strips
 - Body Restoration Technique ^{LMN}
 - Body Scan
 - Bonding of the teeth ^{LMN}
 - Books, health-related ^{LMN}
 - Bracanalysis Testing

- Braces (Dental)
- Braille Books
- Breast Implant Removal ^{LMN}
- Breast Milk Storage Bottles or Bags
- Breast MRI
- Breast Pump
- Breast Pump Bustier
- Breast Reconstruction Surgery
- Breast Reduction ^{LMN}
- Breastfeeding Classes
- Breathalyzer
- Bridges
- Bus Fare for Medical Treatment or Services
- Butterfly Bandages

C

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- Calamine Lotion
 - Calcium Scoring
 - Calcium Supplements ^{LMN}
 - Callus Remover (Medicated)
 - Cancer Screenings
 - Cane
 - Canker Sore Treatment
 - Capital Expenditures ^{LMN}
 - Car Changes for Health Reasons ^{LMN}
 - Car Modifications for Health Reasons ^{LMN}
 - Car Rental (related to medical care)
 - Cardiac Calcium Scoring
 - Cardiac Treatment
 - Carpal Tunnel Support
 - Cast Cover

- Cataract Surgery
- Catheter
- Cayenne Pepper ^{LMN}
- Cervical Pillow ^{LMN}
- Chair, Specialized or Ergonomic ^{LMN}
- Chelation Therapy ^{LMN}
- Chest Rub
- Child Medical Care
- Childbirth
- Childbirth Classes ^{LMN}
- Children's Sunscreen
- Chinese Herbal Practitioners ^{LMN}
- Chiropodist Treatment
- Chiropractor Treatment
- Cholesterol Test Kit
- Chondroitin
- Christian Science Practitioner
- Circumcision
- Classes, Health-Related ^{LMN}
- Clinic
- Co-Insurance
- Co-Payments
- Cocoa Butter ^{LMN}
- Coconut Oil ^{LMN}
- Cold Compress, Pain Relief
- Cold Medicine
- Cold Packs
- Cold Sore Treatment
- Colic Relief
- Collagen Injections ^{LMN}
- Colon Therapy, Colon Hydrotherapy, Colonics ^{LMN}
- Companion Animals ^{LMN}
- Compression Hosiery

- Compression Sleeves
- Compression Socks
- Concierge Medicine
- Condoms
- Constipation Medication
- Contact Cleaning Solution
- Contact Lens Case
- Contact Lenses ^{Rx}
- Contact Solution
- Contraceptives (Rx) ^{Rx}
- Contraceptives (OTC)
- Convalescent Home
- Cooling Gel Sheets for Fever Reduction
- Cord Blood Storage ^{LMN}
- Corn Remover
- Corneal Keratotomy
- Corneal Ring Segments
- Cough Drops
- Cough Suppressant
- Cough Syrup
- Counseling
- COVID-19 Test
- CPAP Cleaning Products
- CPAP Hose Holder
- CPAP Machine
- CPAP Mask and Headgear
- CPAP Pillow
- Cranberry Pills ^{LMN}
- Cranial Sacral Therapy ^{LMN}
- Crowns (Dental) ^{LMN}
- Crutches
- Crystalens
- CT Scan

D

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- Daith Piercing ^{LMN}
 - Dandruff Shampoo ^{LMN}
 - Decongestant
 - Deductible Cost
 - Defibrillator
 - Dehydration Treatment
 - Dental Care
 - Dental Cleaning
 - Dental Dam
 - Dental Implants (Medical)
 - Dental Procedures
 - Dental Reconstruction
 - Dental Sealants
 - Dental Services and Procedures
 - Dental Veneers ^{LMN}
 - Denture Adhesive
 - Denture Cleaning Supplies
 - Denture Stain Cleaner
 - Dentures
 - Denturist
 - Dermatology Treatment ^{LMN}
 - Detoxification
 - DEXA Scan
 - Diabetic Bracelet
 - Diabetic Monitors
 - Diabetic Socks
 - Diabetic Supplies
 - Diabetic Test Kit
 - Diabetic Test Strips

- Diagnostic Products
- Diagnostic Services
- Diaper Rash Cream & Ointment
- Diarrhea Medicine
- Diathermy
- Dietitian ^{LMN}
- Digestive Aids
- Digital Thermometer
- Dilator
- Disabled Dependent Care Expenses, Medical
- Disabled Person, expenses for
- Disposable Bra Pads for Nursing
- Disposable Face Mask to Prevent COVID-19
- Disposable Underwear
- Diuretics ^{LMN}
- DNA Storage ^{LMN}
- Doctor Fees
- Donor Fees
- Doula ^{LMN}
- Drug Addiction Treatment & Counseling
- Drug Overdose Treatment
- Drug Testing Kits for Home Use
- Drugs and Medicines
- Durable Medical Equipment
- Dyslexia Treatment

E

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- Ear Drops and Wax Removal
 - Ear Plugs ^{LMN}
 - Ear Syringe
 - Ear Thermometer

- Ear Wax Removal
- Eczema Treatment
- Educational Classes for Medical Condition ^{LMN}
- Egg and Embryo Storage Fees ^{LMN}
- Egg Donor Fees ^{LMN}
- Egg Recipient Fees ^{LMN}
- Elastics for Athletes
- Electrolyte Replacements (Non-Baby)
- Electrolyte Replacements (Baby)
- Electrotherapy Pain Relief Device
- Elevated Toilet Seats
- Elevator in Home ^{LMN}
- Enema
- Epinephrine ^{Rx}
- Epsom Salt
- Erectile Dysfunction Treatment ^{Rx}
- Ergonomic Items ^{LMN}
- Essential Oils (for medical care) ^{LMN}
- Exercise Equipment ^{LMN}
- Expectorants
- Experimental Drugs ^{Rx}
- Experimental Medical Services
- Eye Drops (OTC)
- Eye Equipment ^{Rx}
- Eye Exams
- Eye Mask for Pain Relief
- Eye Pressure Monitor
- Eye Related Equipment ^{Rx}
- Eye Surgery
- Eye Treatment Medications ^{Rx}
- Eyeglass Accessories
- Eyeglasses ^{Rx}
- Eyewear Repair Kit

F

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- Face Cream with Medication
 - Feminine Hygiene Products
 - Feminine Pain Relief
 - Fenugreek Supplement ^{LMN}
 - Fertility Monitor
 - Fertility Treatment
 - Fever Reducing Medications
 - Fiber Laxatives
 - First Aid Adhesive
 - First Aid Cream
 - First Aid Drugs and Medicines
 - First Aid Kit
 - First Aid Supplies
 - Fish Oil Supplements ^{LMN}
 - Fitness Programs ^{LMN}
 - Fitness Tracker ^{LMN}
 - Flu Shot
 - Fluoridation Services
 - Fluoride Rinse ^{LMN}
 - Fluoride Treatment
 - Foot Care
 - Forehead Thermometer
 - Foreign Medical Care
 - Fuel, Gasoline for Medical Care

G

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- Gait Belt
 - Gambling Addiction Treatment

- Gas Relievers
- Gastric Bypass Surgery Including Excess Skin Removal
- Gastrointestinal Medication
- Gauze
- Gel Breast Pads
- Genetic Testing
- Glasses
- Glucosamine
- Glucose Gel
- Glucose Monitor
- Glucose Monitoring Supplies
- Glucose Tablets
- Grab Bars for Bathroom
- Guards for Teeth Grinding
- Guide Dog
- Gynecologist

H

-
- Half Way House ^{LMN}
 - Hand Lotion Containing a Medicine ^{LMN}
 - Hand Sanitizer to Prevent COVID-19 (60%+ alcohol)
 - Hand Sanitizing Wipes to Prevent COVID-19
 - Handicap, Disability License Plates
 - Headache Medications
 - Health Institute Fees ^{LMN}
 - Health Screenings
 - Hearing Aid Batteries
 - Hearing Aids
 - Heart Rate Monitor
 - Heart Scan
 - Heated Neck Rest

- Heating Pads
- Hemorrhoid Treatment
- Herbal Medication ^{LMN}
- Herbs ^{LMN}
- Holistic Healers
- Home Defibrillator
- Home Diagnostic Kits, Tests, Devices
- Home Health Care
- Home Improvements ^{LMN}
- Homeopathic Medicine
- Hormone Replacement Therapy ^{Rx}
- Hospital Care
- Hospital Services and Fees
- Hot and Cold Compress
- Hot Packs
- Human Growth Hormone (HGH) ^{Rx}
- Human Guide
- Humidifier ^{LMN}
- Hydrocortisone
- Hydrogen Peroxide
- Hydrotherapy ^{LMN}
- Hyperbaric Oxygen Therapy
- Hyperbaric Treatments
- Hypnosis ^{LMN}
- Hysterectomy

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- Ibuprofen
 - Ileostomy Supplies ^{Rx}
 - Immunizations
 - Immunotherapy

- Impotence Medicines and Treatments ^{Rx}
- In Vitro Fertilization (IVF)
- Inclinator ^{LMN}
- Incontinence Supplies
- Indigestion Treatment
- Infertility Treatment
- Injection Snoreplasty
- Inpatient hospitalization services
- Insect Bite Creams and Ointments
- Insoles
- Instant Ear Thermometer
- Insulin
- Insulin Supplies
- Inversion Table
- Investigational Surgery
- Invisalign Orthodontics
- Iron Supplements ^{LMN}
- Isopropyl Alcohol
- IV Equipment and Stands

J

-
- Joint pain relievers
 - Joint Supplement (Glucosamine main ingredient or glucosamine only)

K

-
- Kenalog Injections
 - Ketone Test Strips
 - Kids Training Pants ^{LMN}
 - Kinesiology
 - Kinesiology Tape

- Knee Wraps and Support

L

-
- Lab Fees
 - Laboratory Fees
 - Lactation Aids
 - Lactation Consultant
 - Lamaze Classes
 - Lancet
 - Language Training ^{LMN}
 - Lanolin
 - Lap Band Surgery
 - Laser Eye Surgery
 - Lasik
 - Laxatives
 - Lead-Based Paint Removal ^{LMN}
 - Learning Disability Treatment ^{LMN}
 - Legal Abortion
 - Legal Fees ^{LMN}
 - Lessons ^{LMN}
 - Lice Treatment
 - Life Alert Emergency Medical Alert System
 - Light Therapy
 - Lip Balm (SPF 15+)
 - Liquid Adhesive for small cuts
 - Listening Therapy
 - Lodging for Medical Care
 - Lodging of a Companion
 - Lubricants ^{LMN}
 - Lumbar Support

M

- Magnetic Therapy ^{LMN}
- Mammogram
- Massage Gun for Pain Relief
- Massage Therapy ^{LMN}
- Mastectomy-related Bras
- Maternity Charges
- Maternity Support Belt
- Medical Alert Bracelet
- Medical Care Outside the U.S.
- Medical conference admission, transportation, meals, etc ^{LMN}
- Medical, Dental or Vision Office Visits
- Medical Equipment
- Medical information Plan Fees
- Medical Monitor
- Medical Records Charge
- Medical Testing Devices
- Medicated Body or Face Wash
- Medicated Hand Cream
- Medicated Lip Treatments
- Medicated Shampoo ^{LMN}
- Medicine Droppers
- Medicines and Drugs that are Over-the-Counter (OTC)
- Medicines, Prescription ^{Rx}
- Mediscope
- Melatonin ^{LMN}
- Menopause Treatment and Medical Services ^{Rx}
- Menstrual Pain Relievers
- Mentally Handicapped, Special Home ^{LMN}
- Midwife Treatment
- Migraine Cooling Headache Pads
- Migraine Relief (Medicated)

- Mileage for Travel for Medical Care
- Milk of Magnesia
- Mineral Supplements ^{LMN}
- Mobility Scooter
- Mold Removal ^{LMN}
- Moleskin
- Morning After Pill
- Motion Sickness Medicine
- Motion Sickness Wristbands
- Motorized Wheelchair
- MRI
- Multivitamins ^{LMN}
- Muscle pain relievers

N

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- Nasal Aspirator
 - Nasal Spray
 - Nasal Strips
 - Natural Lens Replacement
 - Naturopathic Healers ^{LMN}
 - Nausea Medicine
 - Nebulizer
 - Needle Container
 - Neti Pots
 - Neurologist
 - Newborn Care
 - Newborn Nursing Care
 - Nicotine Gum
 - Nicotine Patches
 - Night Mouth Guards
 - Non-Prescription Drugs and Medicines

- Norplant Insertion or Removal
- Nose / Nasal Strips (for congestion relief)
- Nursing Bra
- Nursing Home
- Nursing Services
- Nursing Supplies
- Nutritional Supplements ^{LMN}
- Nutritionist ^{LMN}

O

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- OB/GYN
 - Obstetrical Care
 - Occlusal Guards
 - Occupational Therapy ^{LMN}
 - Omega-3 Supplements ^{LMN}
 - Oncologist
 - Online or Telephone Consultation, Medical Practitioner's Fee
 - Operations
 - Ophthalmologist
 - Optometrist
 - Oral Glucose Gel
 - Oral Remedies and Treatments
 - Organ Donation
 - Organ Transplant
 - Ortho Keratotomy or Orthokeratology
 - Orthodontia
 - Orthodontia Wax
 - Orthokeratology
 - Orthopedic and Surgical Supports
 - Orthopedic Neck Support
 - Orthopedic shoe inserts

- Orthopedic Shoes ^{LMN}
- Orthotics
- OSHA Handling Fees for Biohazard Waste Disposal
- Osteopath Fees
- Ostomy, Colostomy Supplies
- Oura Ring
- Out-of-network provider
- Over-The-Counter Items
- Over-the-Counter Medicine
- Ovulation Monitor
- Oxygen Equipment

P

-
- Pads
 - Pain Relief Eye Mask
 - Pain Relievers
 - Parking Fees for Medical Care or Treatment
 - Particulate Respirator Mask to Prevent COVID-19
 - Patterning Exercises
 - Peak Flow Meter
 - Pedometer ^{LMN}
 - Penile Implants ^{LMN}
 - Peroxide
 - Personal Protective Equipment (PPE) to Prevent COVID-19
 - Personal Trainer ^{LMN}
 - PET Scan
 - Petroleum Jelly ^{LMN}
 - Phototherapy
 - Physical Exams
 - Physical Therapy
 - Pill Boxes and Pill Clocks

- Pill Cutters, Pill Boxes, Pill Sorters and Pill Organizers
- Pillow for Lumbar Support ^{LMN}
- Pre-existing Condition
- Pregnancy Aids
- Pregnancy and Fertility Kits
- Pregnancy Tests
- Prenatal Gummy Vitamins
- Prenatal Ultrasound
- Prenatal Vitamins
- Prescription Drugs and Medicines ^{Rx}
- Prescription drugs and medicines obtained from other countries ^{Rx}
- Preventive Care
- Preventive Care Screenings
- Private hospital room
- Probiotics ^{LMN}
- Progesterone and Testosterone Hormones ^{Rx}
- Prosthesis
- Protective Face Mask to Prevent COVID-19
- Proton Pump Inhibitors ^{Rx}
- Psychiatric care
- Psychoanalysis
- Psychologist
- Pulse Oximeter

R

-
- Radial Keratotomy
 - Radon Mitigation ^{LMN}
 - Reading Glasses
 - Reasonable and Customary (R&C)
 - Reflexology ^{LMN}
 - Rehabilitation Center

- Rehydration solution
- Rental Cars
- Retainer
- Rhinoplasty ^{LMN}
- Rubbing Alcohol
- Rubdowns ^{LMN}

S

-
- Sales Tax
 - Saline Nasal Spray
 - Sanitary Pads
 - Scale for Food or Weight ^{LMN}
 - Scar Treatment ^{LMN}
 - Schools and education, residential ^{LMN}
 - Schools and education, special ^{LMN}
 - Scooter, electric ^{LMN}
 - Screening Tests
 - Sea-band for Motion Sickness
 - Sedatives ^{Rx}
 - Seeing-eye Dog ^{LMN}
 - Service Animal ^{LMN}
 - Sexual Counseling ^{LMN}
 - Sexual Dysfunction ^{LMN}
 - Sharps Container
 - Shipping Fees
 - Sinus Medicine
 - Sinus Rinse
 - Sitz Bath
 - Skin Tag Removal ^{LMN}
 - Sleep Aids (OTC)
 - Sleep Deprivation Treatment

- Smoking Cessation Products
- Smoking Cessation Programs
- Somnoplasty
- Special Foods ^{LMN}
- Special School ^{LMN}
- Speech Therapy
- Sperm Storage Fees (Short Term)
- Spermicidals
- Spinal Decompression
- Splints
- Stair Lift
- Steam Inhaler
- Steam Packs
- Stem Cell Storage ^{LMN}
- Sterilization
- Stethoscope
- Stool Softeners
- Stop Smoking Program
- Sublingual Immunotherapy
- Substance Abuse Treatment
- Subway Fare for Medical Treatment
- Sunburn Creams and Ointments
- Sunglasses, prescription
- Sunscreen
- Sunscreen for Kids
- Sunscreen for Wet Skin
- Sunscreen with Insect Repellent
- Supplements ^{LMN}
- Supplies to treat a medical condition
- Support Braces
- Support Hose ^{LMN}
- Suppositories
- Surgery

- Swimming Pool ^{LMN}
- Syringes

T

-
- Tampons
 - Taxes on Medical Services and Products
 - Taxi Fare
 - Teeth Grinding Prevention
 - Teething Pain Reliever
 - Telehealth
 - Telephone Consultation (Healthcare Professional Fee)
 - Telephone for Hearing Impaired Individual
 - TENS Machine
 - Testosterone ^{Rx}
 - Therapy Eye Mask
 - Therapy, mental health
 - Thermography
 - Thermometer
 - Throat Lozenges
 - Toenail Fungus Treatment
 - Tolls for Medical Care or Treatment
 - Tooth Extraction
 - Toothache pain relievers
 - Topical Analgesics (Muscles and Arthritis)
 - Topical Skin Treatment
 - Topical Steroids
 - Tourniquet
 - Transcutaneous Electrical Nerve Stimulation Device
 - Transgender Counseling or Surgery
 - Transitions Lenses
 - Transplant

- Transportation expenses for person to receive medical care
- Travel or Transportation for Medical Care
- Travel Sized Sunscreen
- Treadmill ^{LMN}
- Tubal ligation
- Tuition for Special Needs Schooling ^{LMN}
- Tuition, medical charges included
- Turmeric (for medical use) ^{LMN}
- Tutoring ^{LMN}
- Tylenol

U

-
- UCR, Charges Above
 - Ultrasound
 - Ultrasound, Prenatal
 - Umbilical cord blood storage ^{LMN}
 - Upset Stomach Relief
 - Urinalysis
 - Urological Products
 - Used Needle Container
 - Usual and customary charges, excess
 - UVR treatments

V

-
- Vaccinations
 - Vaccine
 - Vapor Rub
 - Vaporizer
 - Varicose Vein Surgery
 - Vasectomy and Vasectomy Reversal

- Veneers ^{LMN}
- Viagra
- Vision Correction
- Visual Evoked Potential (VEP) Test
- Vitamins ^{LMN}

W

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- Walker
 - Walking Aids
 - Wart Removal
 - Water Fluoridation ^{LMN}
 - Water Resistant Sunscreen
 - Waterpik ^{LMN}
 - Wax for Braces
 - Weight Loss Counseling ^{LMN}
 - Weight Loss Programs ^{LMN}
 - Weight Loss Surgery
 - Wellness Scan
 - Wheelchair and Repairs
 - Wig ^{LMN}
 - Wipes for Glasses
 - Wisdom Tooth Extraction
 - Wound Care
 - Wound Seal Powder
 - Wrist Support

X

-
- X Rays
 - X-Ray Fees

Y

HealthEquity

WageWorks

-
- Yeast Infection Medications
 - Yoga ^{LMN}