



BROWARD HEALTH

Downtown Run and Walk Club

JOIN OUR FREE RUN/WALK CLUB EVERY MONDAY AT 5:30pm.

Whether you're training for your next race or walk, or running for fun or health; our Broward Health Fitness Center trainers will help guide you and keep you motivated and healthy.

Water provided.

Meet in front of the main entrance of the hospital on Broward Health Boulevard.
Route will vary.

**In the event of thunderstorms, runners can train in the Fitness Center.*

For more information, contact Cara Boyarin at Cboyarin@BrowardHealth.org.

